



## DEBinar

# Deb's Deeper Dive Purging

Have you been purging consistently for this DEBinar?

When you've completed a task on the syllabus, give yourself a checkmark in the adjacent box.

- Give yourself **10 BONUS checkmarks** each time you complete any of the tasks listed below.
- At the end of the course, your total amount of checkmarks is your **score**.
- Each time you take the class, try to beat your previous **score**!

### IDEAS for Bonus Checkmarks

#### Car

- Clean out the cabin of excess.
- Vacuum the whole thing (Tip: [Use a lint lizard!](#)) or take it to be detailed professionally.
- Purge what's in your trunk and storage compartments.

#### Photos

- Go month by month and purge the extra photos on your phone.
- Commit to doing this on the last day of each month to keep up with it. Add a reminder to your calendar.
- Create and order photobooks.

#### Seasonal Décor

- Purge your holiday décor as each holiday happens.
- If you don't display it, don't store it for next year.

#### Other

Literally **ANY other household** project that you want to tackle counts for bonus checkmarks!

- Seasonal clothing organization
- Finishing your laundry
- \_\_\_\_\_



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### Kitchen

#### Fridge

- Clean it.
- Use up some of the frozen foods.
- Toss out anything expired or questionable.

#### Kitchen Cabinets

- Clean shelves/change shelf liners.
- Organize it by pairing categories of food in the same section and facing labels forward.
- Use up some of the foods.
- Toss out anything expired or questionable, especially spices.

#### Kitchen Counters

- Clear them off.
  - When you have company over, is there anything you typically remove from, countertops?
  - Can you store that in a hidden but convenient place? Might be helpful to reassess the contents of your cabinets.
- Put food away.
- Get a sleek breadbox to hide countertop must-haves.
- Remove excess dinnerware or small appliances being stored on the counter.

### Bathroom

#### Cabinets

- Clean shelves/change shelf liners.
- Clean drawers/change drawer liners.
- Toss out anything expired or questionable.

#### Bathroom Counters

- Clear them off.
  - When you have company over, is there anything you typically remove from, countertops?
  - Can you store that in a hidden but convenient place? Might be helpful to reassess your cabinet real estate.